

Winter Meal Plan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Herb Roasted Pork</u>	<u>Baked Mac and Cheese Casserole</u>	<u>Crockpot Salsa Verde Chicken</u>	<u>Crockpot Beef Stew</u>	<u>Turkey Parmesan Pasta</u>	Homemade Pizza	<u>Chicken Broccoli Rice Casserole</u>
<u>Turkey Spinach Burgers</u>	<u>Corn & Potato Chowder</u>	<u>Green Chile Chicken Casserole</u>	<u>Slow Cooker Garlic Thyme Chicken</u>	<u>Spinach & Feta Omelets with Rosemary Potatoes</u>	<u>Chicken Noodle Soup</u>	<u>Spaghetti Sauce w/Ground Turkey</u>
<u>Balsamic Mushroom Pork Chops</u>	<u>Italian Spinach Pie</u>	<u>Crockpot Pork Tacos</u>	<u>Tuscan Chicken Soup</u>	<u>Vegetarian Baked Ziti</u>	French Bread Pizza	<u>Stroganoff-Style Chicken</u>
<u>Turkey Meatloaf</u>	<u>Spinach Stuffed Shells</u>	<u>Chicken Tortilla Soup</u>	<u>Crockpot Beef & Broccoli</u>	<u>Pineapple Pork Chops</u>	<u>Baked Pesto Chicken</u>	<u>Pepperoncini Beef Sandwiches</u>